

**“RIGHTS OF MENTALLY
ILL AND MENTAL HEALTH
ACT, 1987:
AN OVERVIEW”**

قانون حمایت از بیماران ذهنی روانی

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Preface

Mental illness or mental disorder as we understood it today is essentially the result of the influence of multiple dynamic forces and it includes a wide range of abnormal states of mood; thought etc. Since the dawn of human civilization mentally ill patients have received the scant care and concern of community because of their unproductive value. Nevertheless they are the inevitable part of our society. Attempts to cope up with the problems of mentally ill have existed since ancient times, but only in the last two centuries have systematic & rational treatments been employed; and only in the past fifty years has psychiatry developed as a scientific discipline.

Most of the scientists today agree that human beings, like all other animals, like to live in a state of equilibrium. Temperature, light, sound, food, the condition of the mind, the inherited & acquired characteristics must be optimum to maintain the proper functioning of the body.

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