

The Spiritual Provision for the Teens

Consisting of the Principle Belief, Ethics and Religious Rulings

**According to Verdicts of
Grand Ayatullah Sayyid
Abd-ul-Karim Mousavi Ardebili**



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Preface

*In the name of Him who created and sustains the world, the sage;
Who endowed tongue with speech;
He attains no honor who turns the face from the doer of His mercy;
The kings of the earth prostrate themselves before Him in supplication.*¹

Imam Sadiq (Peace Be Upon Him) said, "Teach the knowledge of Hadith (and the religious sciences) before the men of wrong thoughts trap your new generation and teenagers."²

Man is a complicated being, although he has small size and weight yet a grand world has been abstracted within him. In fact, man is the perfect manuscript of all the levels of being in the world of existence. It means that he has body and matter that is related to the material world; and the second thing is that he has the soul that belongs to metaphysics and the third thing is that he possesses intellect and conscience and has been blessed with higher thought and perception. Surely, he is the noblest creature of the Lord Almighty, he cannot be abstracted within material body but he has high spiritual levels and stages. Certainly, his spiritual needs have various from person to person, by seeking help from Allah Almighty and with sincere effort, determination and strong resolution; we should take some bold step to fulfill these needs and requirements.

1. Sa'di, Bustan, preface of the book, p. 33.

2. Hurr al-'Amili, Wasa'il ash-Shi'a, vol. 17, p. 331, Hadith 14, Alul Bait Press.

For the clarity of the meaning, it is quite appropriate that we should explain the various stages of the existence of man briefly and these stages are mentioned below:

1. The stage of thinking and contemplating that is the higher level of the being and the existence of man. Man is a thinking creature who traces out the problem and for the sake of extinguishing the sense of finding the facts; he tries to find out the solution of these problems. He contemplates and thinks about the universe and its beginning and ending. Moreover, he reflects about his own creation, the end of his deeds and matters like this. The sciences that help him to answer his questions are philosophy and theology- that is related to ideology and the principles of faith.

2. The feelings, emotions and inclinations are related to the mediocre stage of his being. It is evident that man has many inclinations and ethical characteristics. Some of them are like; to be angry extremely and love extremely. On the following grounds, he needs a tool so that with the help of it he may create moderation and a balance in his inclinations and lusts and may cover the middle way in his life because extremism and negligence regarding all the characteristics in life would be very harmful and dangerous for man. At this stage of existence, the ethics is very useful for man, it teaches the man how he should be moderate and balance in his life and in his characteristics.

3. The stage of parts of body. This is the inferior stage of the existence of man. The religion of Islam puts the responsibility of some duties on the shoulder of man that are related to body and parts of body. For example, he should perform prayer in order to get closer to Allah Almighty. Prayer has some prefaces; for example, man should perform *wudhu* (ablution) or he should perform *ghusl* (ritual bathing). Now, how should he perform prayer or which parts of body, he should wash for ablution or *ghusl* and to what extend? At this stage, the science of jurisprudence and religious commandments help him and respond to his questions and problem regarding this ground.

Considering the presence of these three stages in the instinct of man and keeping this phenomenon in view that the greater part of our society are

the teenagers and our young generation who are the builders of the state and the society, I hope that the authors and all those persons who are offering their services in the field of culture, should perform some serious, pure efforts for the sake of inflorescence and growth of the capabilities of this valuable generation as well as they should do the same thing with them for their introduction with superior sciences of Islam regarding the above mentioned field.

They should take some bold steps in all the fields/stages of their existence, in order to fulfill their spiritual and theoretical needs, in the form of simple and logical statements.

On the basis of the following arguments, the author has taken the step to compile and organize this book for the familiarity of the dear youth with an abstract of Islamic sciences; and for to respond to their needs regarding the above mentioned fields. This is consisting of three portions: the principles of belief, ethics and commandments.

However, I have already compiled another book about this subject. Now, I have organized the issues and commandments of jurisprudence on the basis of opinions and juristic decrees of His Highness grand Ayatullah Mousavi Ardebili. I specify this collection with another method to the dear youth.

At the end, I am thankful and grateful to all those respected persons who cooperated or advised me in order to compile this book, especially respected brother Mr. Majeed Mardani.

I pray that may Allah Almighty declare this work a provision for the young generation in order to cover the way of humanity and reach the climax and may Allah Almighty confer upon them courage so that they may read this useful bunch of the tree of humanity and may they get provision from the treasure of Islamic sciences for the building of a better future!

2007 Autumn
Holy City of Qum
Nasir Mukkariyan