

# **SAIL THROUGH ENGLISH**

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*I hope our wisdom will grow with our power, and  
teach us that the less we use our power the greater it  
will be.*

*Thomas Jefferson*

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## Preface

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This book has been designed to meet the needs of English teachers and non-English university students in pre-requisite courses. Also it can prove beneficial for anyone who is interested in learning English.

It contains 14 units of appropriate length and interest. Each unit begins with a reading passage of roughly 200-300 words accompanied by various comprehension, vocabulary, grammar and other related exercises. All units are finished with thoughtful and precious quotations by great minds of the human world.

Since it was my second experience after “English with Relish”, I was able to take some steps forwards to enhance the quality and effectiveness of this book. I hope dear colleagues and instructors will feel the same about its efficiency.

Saeed Safdari  
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## List of Phonetic Symbols

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### Consonants

|      |        |         |
|------|--------|---------|
| /p/  | pen    | /pen/   |
| /b/  | bad    | /bæd/   |
| /t/  | tea    | /ti:/   |
| /d/  | did    | /did/   |
| /k/  | cat    | /kæt/   |
| /g/  | get    | /get/   |
| /tʃ/ | chain  | /tʃeɪn/ |
| /dʒ/ | jam    | /dʒæm/  |
| /f/  | fall   | /fɔ:l/  |
| /v/  | van    | /væn/   |
| /θ/  | thin   | /θɪn/   |
| /ð/  | this   | /ðɪs/   |
| /s/  | see    | /si:/   |
| /z/  | zoo    | /zu:/   |
| /ʃ/  | shoe   | /ʃu:/   |
| /ʒ/  | vision | /vɪʒn/  |
| /h/  | hat    | /hæt/   |
| /m/  | man    | /mæn/   |
| /n/  | now    | /naʊ/   |
| /ŋ/  | sing   | /sɪŋ/   |
| /l/  | leg    | /leg/   |
| /r/  | red    | /red/   |
| /j/  | yes    | /jes/   |
| /w/  | wet    | /wet/   |

### Vowels & Diphthongs

|      |        |            |
|------|--------|------------|
| /æ/  | cat    | /kæt/      |
| /ɑ:/ | father | /fɑ:ðə(r)/ |
| /e/  | ten    | /ten/      |
| /ɜ:/ | bird   | /bɜ:rd/    |
| /ə/  | about  | /əbaʊt/    |
| /ɪ/  | sit    | /sɪt/      |
| /i:/ | see    | /si:/      |
| /ɒ/  | got    | /gɒt/      |
| /ɔ:/ | saw    | /sɔ:/      |
| /ʌ/  | cup    | /cʌp/      |
| /ʊ/  | put    | /pʊt/      |
| /u:/ | too    | /tu:/      |
| /ʊə/ | pure   | /pjʊə(r)/  |
| /ɔɪ/ | join   | /dʒɔɪn/    |
| /aɪ/ | my     | /maɪ/      |
| /aʊ/ | now    | /naʊ/      |
| /eɪ/ | say    | /seɪ/      |
| /əʊ/ | go     | /gəʊ/      |
| /eə/ | bear   | /beə(r)/   |
| /ɪə/ | near   | /nɪə(r)/   |