

KAPLAN & SADOCK'S

Study Guide and Self-Examination Review in Psychiatry

Eighth



Edition

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CONTRIBUTING EDITORS

Matt Biel, M.D.

Instructor in Psychiatry and Fellow in Child Psychiatry, New York University School of Medicine,
New York, New York

Nikole Benders, M.D.

Instructor in Psychiatry, New York University School of Medicine, New York, New York

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EDITION

Benjamin James Sadock, M.D.

Menas S. Gregory Professor of Psychiatry and Vice Chairman,
Department of Psychiatry, New York University School of Medicine;
Attending Psychiatrist, Tisch Hospital;
Attending Psychiatrist, Bellevue Hospital Center;
Consulting Psychiatrist, Lenox Hill Hospital,
New York, New York

Virginia Alcott Sadock, M.D.

Professor of Psychiatry, Department of Psychiatry,
New York University School of Medicine;
Attending Psychiatrist, Tisch Hospital;
Attending Psychiatrist, Bellevue Hospital Center,
New York, New York

Ze'ev Levin, M.D.

Clinical Associate Professor of Psychiatry,
Department of Psychiatry,
New York University School of Medicine,
New York, New York



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Preface

This new and improved eighth edition of *Study Guide and Self-Examination Review in Psychiatry* is designed to stand alone as a separate textbook to serve as a guide to the mastery of a tremendous amount of material relating to psychiatry and the behavioral sciences. The student will find questions of varying complexity that cover the etiology, diagnosis, and treatment of every known psychiatric disorder. This is coupled with a comprehensive discussion that covers not only correct answers but wrong answers as well. By carefully studying both questions and answers, the reader will gain a thorough understanding of material useful to prepare for examinations of all types. This book was written to meet the needs of medical students, psychiatric physicians, and mental health professionals from all fields. It is designed especially to help those preparing for the United States Medical Licensing Examination (USMLE) and the American Board of Psychiatry and Neurology (ABPN); it will also prove of value to all who want to test their knowledge in psychiatry as part of their continuing medical education.

The authors have added new and different questions to each edition of *Study Guide* and modified and updated material from earlier editions. This *Study Guide* contains more than 1,500 questions, more than any other book of its kind, and the format of each question is standardized to follow that used by the USMLE and ABPN. In addition, the allocation of topics is carefully weighted with attention to both clinical and theoretical issues.

The authors of the last edition of *Study Guide* are particularly pleased that Ze'ev Levin, M.D., a close personal and professional associate and outstanding academician, has joined them as third author. Dr. Levin is Associate Director of Residency Training in Psychiatry at NYU Medical Center and his participation has immeasurably facilitated and enhanced the preparation of this work. In addition, we wish to thank our two Contributing Editors: Matt Biel M.D. served as Contributing Editor in Child Psychiatry, and Nikole Benders, M.D. served as Contributing Editor in Adult Psychiatry.

COMPREHENSIVE TEACHING SYSTEM

Study Guide forms one part of a comprehensive system developed by the authors to facilitate the teaching of psychiatry and the behavioral sciences. At the head of the system is *Comprehensive Textbook of Psychiatry*, which is global in depth and scope; it is designed for and used by psychiatrists, behavioral scientists, and all other workers in the mental health field. *Kaplan & Sadock's Synopsis of Psychiatry* is a relatively brief,

highly modified, original, and current version useful for medical students, psychiatric residents, practicing psychiatrists, and other mental health professionals. A special edition of *Synopsis*, *Concise Textbook of Clinical Psychiatry*, covers just the diagnosis and treatment of all psychiatric disorders. Other parts of the system are the pocket handbooks: *Pocket Handbook of Clinical Psychiatry*, *Pocket Handbook of Psychiatric Drug Treatment*, *Pocket Handbook of Emergency Psychiatric Medicine*, and *Pocket Handbook of Primary Care Psychiatry*. These books cover the diagnosis and the treatment of mental disorders, psychopharmacology, psychiatric emergencies, and primary care psychiatry, respectively, and are compactly designed and concisely written to be carried in the pocket by clinical clerks and practicing physicians, whatever their specialty, to provide a quick reference. Finally, *Comprehensive Glossary of Psychiatry and Psychology* provides simply written definitions for psychiatrists and other physicians, psychologists, students, and other mental health professionals. Together, these books create a multiple approach to teaching, studying, and learning of psychiatry.

HOW TO USE THIS BOOK

Each chapter begins with an introduction that emphasizes areas of special significance about which the student should be aware. The authors have also prepared lists of helpful hints—now expanded and in alphabetical order—that present key terms and concepts essential to a basic knowledge of psychiatry. Students should be able to define and discuss each of the terms in depth as preparation for examinations.

The section *Objective Examinations in Psychiatry* provides the student with helpful hints on how to take the examinations. If the student understands how questions are constructed, his or her chances of answering correctly are greatly improved. This book defines distractors (wrong answers) as well as correct answers in each discussion.

To use this book most effectively, the student should attempt to answer all the questions in a particular chapter. By allowing about 1 minute for each answer, the student can approximate the time constraints of an actual written examination. The answers should be verified by referring to the corresponding answer section in each chapter. Pay particular attention to the discussion of the wrong answers, a feature unique to this book. If further information is needed, the reader is referred to the current editions of either the *Synopsis of Psychiatry* or the *Comprehensive Textbook of Psychiatry*.

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We want to express our deep thanks to Robert Cancro, M.D., who retired after 28 years serving as Chairman of Psychiatry

at New York University School of Medicine and who gave us his full support. He was succeeded as Chair in 2006 by Dolores Malaspina, M.D., to whom we extend a warm welcome as she leads the Department of Psychiatry into the 21st century.

Finally, we want to acknowledge and thank Alan and Marilyn Zublatt for their generous support of this and other *Kaplan & Sadock* textbooks. Over the years they have been unselfish benefactors to many educational, clinical and research projects at the NYU Medical Center. We are deeply grateful for their help. We thank them not only for ourselves but also on behalf of all those at NYU—students, clinicians, and researchers—who have benefited from their extraordinary humanitarian vision.

B.J.S.

V.A.S.

New York University School of Medicine
New York, New York



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