

FACE TO FACE

700

ESSENTIAL IDIOMS

IN ENGLISH

INCLUDING PHRASAL VERBS

**absolutely essential for IELTS & TOEFL &
students of all levels of English**

کاملاً ضروری برای زبان آموزان تمامی سطوح زبان و تافل و آیلتس

2014

سرشناسه	: روحی، رسول، ۱۳۶۲ -
عنوان و نام پدیدآور	: Rouhi, Rasoul Face to Face: Essential Idioms In English/ [Rasoul Rouhi].
مشخصات ناشر	: تهران: سیمین، ۱۳۹۳ = ۲۰۱۴ م.
مشخصات ظاهری	: ۲۰۴ ص.
شابک	: ۹۷۸-۶۰۰-۶۲۴۵-۴۰-۹
وضعیت فهرست نویسی	: فیبا
یادداشت	: انگلیسی - فارسی.
آوانویس روان	: فیس...
موضوع	: زبان انگلیسی - فعل‌های مرکب
موضوع	: زبان انگلیسی - اصطلاح و تمییزها - فارسی
رده‌بندی کنگره	: ۱۳۹۳ ف ۹ ر / ۱۳۱۹ PE
رده‌بندی دیویی	: ۴۰۰
شماره کتابشناسی ملی	: ۴۰۰۶۲۴۵۴۰۹

FACE TO FACE 700 ESSENTIAL IDIOMS IN ENGLISH

نوشته: رسول روحی
ناظر علمی و ویراستار: اسحاق ساداتخانیان
ناشر: انتشارات سیمین
چاپ و صحافی: سیمین ۶۶۵۶۵۰۶۹
نوبت چاپ: اول، ۱۳۹۳
تیراژ: ۵۰۰ نسخه
قیمت: ۲۰۰۰۰۰ ریال
شابک: ۹۷۸-۸۰۰-۶۲۴۵-۴۰-۹
تهران، خ کارگر جنوبی، لبافی‌نژاد غربی، بن‌بست دوم جنوبی، پلاک ۲۹۰
تلفن: ۶۶۴۳۳۷۲۳-۶۶۵۶۵۰۶۹
فکس: ۶۶۴۳۳۵۸۷
حق چاپ برای مؤلف محفوظ است.

Content

ELEMENTARY

LESSON1 17

to get in/to get on
to get out of/to get off
to put on
to take off
to give someone a call
to turn on

to switch on
to turn
to switch off
to shut off
right away
at once

to pick up
sooner or later
to get up
at first

LESSON2 21

to dress up
at last
as usual
to find out
to look at

to look for
all right
all along
little by little
step by step

to go out
to wear out
to call on
to drop in on
never mind

LESSON3 25

to pick out
to take one's (my, his, your, etc.) time
to talk over
to lie down
to stand up
to get up

to sit down
to take a seat
all day week, month, year) long
by oneself
on purpose
to get along with someone

(something)
to get on with (someone or something)
to make a difference (to someone)
to take out
to go out with

LESSON4 29

to take part in
to be in on
at all
in the least
to look up
to wait on someone

at least
so far
up to now
as of yet
to take a (walk, stroll, hike, etc)

to take a trip (to)
to try on
to think over
to take place
to put away

LESSON 5**33**

to look out
to watch out
to shake hands
to get back
to catch cold
to get over

to make up one's (my, his,
your, etc.) mind
to change one's (my, his,
your, etc.) mind
for the time being
for now

for good
to call off
to put off
in a hurry
in a rush

LESSON 6**37**

under the weather
to hang up
to count on
to depend on
to make friends (with)
out of order

to get to
few and far between
to look over
to go over, to read over,
to check over
to have (time) off

to take time off
to go on
to keep on
to put out
all of a sudden
all at once

LESSON 7**41**

to point out
to be up
to be over
to be through
on time
in time to (do something)
to get better (worse, etc.)

to get sick (well, tired,
busy, wet, etc.)
had better (do something)
would rather (do
something)
"would just as soon (do

something) as (do
something else)".
to call it a day/night
to figure out
to think of

LESSON 8**45**

to be about to do
something
to turn around
to take turns (doing
something)
to pay attention (to)

to brush up on something
over and over (again)
time after time, time and
again
to wear out
to throw away

to fall in love
to go out
to step out
out of the question
to have to do with

LESSON 9**49**

to wake up
to be in charge (of
something)
as soon as
to get in touch with

to have a good time
in no time
to cut down on
to cut back on
quite a few

used to
to be used
to get used (to something)
back and forth

LESSON 10**53**

to make sure
to make certain (of)
now and then

now and again
at times
from time to time

off and on
once in a while
to get rid of

every other (one)
to go out with
first - rate
to come from

to make good time
to mix up
to see about
to attend to

to see to
to make out
by heart

LESSON 11 58

to keep out
to keep away (from)
stay away from)
to find fault with
to be up to
ill at ease
to do over

to look
into
to check into
to take hold of
to get through doing
something

to get through with
something
from now on
to keep track of
to be carried away (by,
with)

LESSON 12 63

up to date
out of date
to blow up
to catch fire
to burn down

to burn up
to tick off
to burn out
to make good
stands to reason

to break out
as for
as to
to feel sorry for
to take pity on

LESSON 13 68

to break down
to turn out
to come out
once in a blue moon
to give up

to cross out
to take for granted
to take something into
account
to make clear

clear-cut
to have on
to come to
to call for

REVIEW- LESSON 1-13 73

INTERMEDIATE

LESSON 14 78

to eat in/to eat out
cut and dried
to look after
to take care of
to keep an eye on
to feel like

once and for all
to hear from
to hear of
to make fun of
to come true
as a matter of fact

in fact
to have one's way
to get one's way
to look forward to

LESSON 15 82

inside out
upside down
to fill in

to fill out
to take advantage of
no matter

to take up
to take up with
to take after

to look like
in the long run

be in touch (with)
out of touch with

LESSON16

87

on one's toes
to get along
hard of hearing
to see eye to eye; on
something with
somebody

to have in mind
to keep in mind
to bear in mind
for once
to go off
to grow out of

to make the best of
to cut off
to cut out
to knock it off

LESSON17

91

to blow out
to become of
to shut up
have got
have got to

have to
to keep up with
on the other hand
to turn down
fifty-fifty

to break in
cut in
a last cause
above all

LESSON18

95

to do without
to go without
according to
to be bound to do
something

for sure
for certain
to take for
to try out
to tear down

to tear up
go over
to run out of
at heart
be about to do smth

LESSON19

100

to bite off
to tell apart
to pick apart
to tell from
all in all
to pass out
to hand out

to go around
to be in (the/one's) way
to get in (the/one's) way
to put on
to put up
to put up with
in vain

day in and day out
day after day
year in
and year out
year after year

LESSON20

105

to catch up with
to know by sight
to be the matter
to bring up
to get lost

to hold up
to run away
to rule out
by far
to see off

to send off
to see out
no wonder

LESSON21

110

to go up

to drive up

To go up to

to come up to
to walk up to
to run up to
to drive up to
to hand in
in case

To take apart
to put together
to be better off
to be worse off.
to be well-off
to be well-to-do

to take by surprise
To keep in touch with
to stay in touch with
To name after
To hold on

LESSON22 115

to stop by
to drop (someone) a line
to come across
to run across
to come off
to stand for

to stand a chance
to take pains
to look on
to look up to
to look down on
to take off

take off
to pull off
to keep time
to clean out

LESSON23 120

to make do with
to give birth to
close call
close shave
to get on one's nerves
to bug

to put down
to go for
to go in for
to go for
to be into, to get into
to stay up

to stay in
to stay out.
to take over
to show up
to turn up

LESSON24 124

to knock out
knockout
to knock oneself out
to carry out
to go through with
to run into

to bump into
to set out
to set off, to head out
to lay out
to set one's mind to something
to draw up

to drop out of
dropout.
to believe in
to cheer up
to make sense

LESSON25 128

to burst out
to storm out
to get away
to get away with
to serve (someone) right
to keep up

to keep up with
to stand out
to stick out
to let on
to go wrong
to stick up

to meet (someone)
halfway
to check up on
to check on
checkup.

LESSON26 133

to come about
to bring about
to build up
to die down
to fade away

to die out
to live up to
to stick to
to stick it to somebody
to rip off

the ripoff
to stand up for
to cut corners

LESSON27 137

to take on	to give in	to hold a grudge against
to take down	to give off	to have it out with
to fall through	to give out	to hold off
to fall behind	to run out	to hold out
to get behind	to have it in for	

REVIEW- LESSEN 14-27 142**ADVANCED****LESSON28 147**

to let up	to leave (someone or something) alone	to wear down
to take it easy	to let alone	to wear away
to lay off	Let alone	to wear through
to let go	not to mention	to wear out
to bring out	to say nothing of	on the whole
to bring back	to break off	by and large
to take back	to wear off	touch and go
to wait up for		

LESSON29 151

to work out	to buy	to throw out
to back up	to buy out	to throw up
to back out	to treat	to clear up
to have one's heart set on	to catch on	

LESSON30 155

to slow down	to be up to (something)	to get even with
to slow up	to beat around the bush	to fool around
to dry up	to come to an end	to look out on
to dry out	to put an end to	to stir up
to sober up	to do away with	to take in

LESSON31 159

to go through	narrow-minded	to waste one's breath
to go without saying	broad-minded	to save one's breath
to put (someone) on	to stand up	to cut short
to keep one's head	to get the better of	
to lose one's head	on edge	

LESSON32 163

to step in	to step into	to step down
------------	--------------	--------------

to step on
to play up to
more or less

to goof up
to go off the deep end
to lose one's touch

in hand

LESSON 33 167

to kick (something)
around
to toss around
to make up

to pull together
to kick the habit
to cover up
to drop off

to fall off
to turn over
the last straw

LESSON 34 171

to get cold feet
face-to-face
to be with (someone)
to go along with

to be with it
to get with it
to feel out of it
to fall for

to fill (someone) in
to clue in
to make (someone) tick
to give (someone) a break

LESSON 35 175

to stick around
by the way
to let slide

to get off one's chest
to live it up
to liven up

to pick up

LESSON 36 178

to check in
to check out
to take somebody at one's
word
to serve (the/one's)
purpose

in the worst way
to line up
to lose one's cool
to turn on
to turn off
turn on

turn off
to miss the boat
to think up
to dream up

LESSON 37 182

to throw (someone) a
curve
to make waves
not on your life
no way

to cover ground
to mind the store
to put one's foot in
to be up for grabs
to show off

Show off
to learn the ropes
to keep one's fingers
crossed

LESSON 38 186

to land on one's feet
to dish out
to get through to
to break through to
to keep one's word
to break one's word

to be over one's head
to be up to one's ears
to ask for
to bring upon
to be a far cry from
by all means

of course
to get out from under
to give (someone) a hand
to lend someone a hand
to give (someone) a big
hand

LESSON 39 **190**

to goof off	to step out of line	to keep after
to talk back to	dry run-	to fix up
to be in	to be in (someone's)	to be had
to be out	shoes	
to get out of line		

REVIEW- LESSON 28-39 **194**

FIND THE IDIOMS **199**

www.ketab.ir

مقدمه

- این کتاب شامل افعال چند جزئی (phrasal verb) و اصطلاح (expression) می‌باشد که در کل به عنوان idiom معرفی می‌شود، افعال چند جزئی که قابل جدا شدن هستند با کلمه انگلیسی (S) مشخص شده‌اند.
- این کتاب برای فراگیری زبان محاوره‌ای و کاملاً کاربردی و مفید گردآوری شده است؛
- لغات و اصطلاحات معرفی شده در این کتاب در محاوره‌ی روزمره‌ی زبان انگلیسی بارها و بارها مورد استفاده قرار می‌گیرد.
- با مطالعه کتاب به سرعت پیشرفت خود را در زبان انگلیسی دو چندان کنید؛
- با مطالعه کتاب مطالب بیاموزید که انگیزه‌ی شما را در یادگیری زبان تثبیت کند؛
- با مطالعه‌ی کتاب به آسانی کاربرد بیاموزید که شما را در هر چهار بخش یادگیری انگلیسی [خواندن (reading)/نوشتن (writing) / صحبت کردن (speaking) / گوش کردن (listening)] یاری کند؛
- محتویات کتاب جزو ضرورت‌ها و اینفو بخش‌های چهارگانه آزمون تافل و آیلتس می‌باشد؛
- برای درک صحیح معنای لغات و اصطلاحات مطالعه‌ی مثال‌های ذکر شده ضروری است؛
- مثال‌های ذکر شده علاوه بر شفاف ساختن کتاب اصطلاح، دارای نکات آموزنده و جالب توجه است؛
- برای تمرین بیشتر بعد از یادگیری کامل لغات و جملات کتاب می‌توانید با نگاه کردن به ترجمه‌ی جملات و یادآوری انگلیسی جمله مربوطه به یادگیری و بازیابی اطلاعات در امتحان کمک کنید؛
- در صورت متعدد بودن معانی افعال و اصطلاحات، معنی «یا» از هم جدا شده‌اند و هر معنی به صورت مجزا و تراشیده مشخص شده‌اند؛
- در پایان هر درس و فصل تمرین‌ها را با دقت پاسخ دهید؛
- برای دسترسی راحت‌تر به لغات مطالعه شده، در زمان فراموشی محل آن را می‌توانید به بخش پایانی کتاب مراجعه کنید.
- با رعایت اصول یادگیری موفقیت در یادگیری زبان به سادگی قابل دسترسی است؛
- می‌توانید هر گونه اشکال مربوط به کتاب یا خارج از کتاب یا چاپ کتاب را مشاهده کردید مراتب را به آدرس ایمیل زیر اطلاع دهید.

به امید موفقیت شما

رسول روحی

rouhirasoul@gmail.com