

Sharif Anti-Doping Series

Book 1

A Complete List of
Prohibited Drugs in Sport
2012

By:

Dr. Mohammad Reza Sharif

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Name similarities with any other substances do not go to the editor's responsibility since it has been tried to gather the generic and trade names of different preparations including, injective, inhalative, rectal, dermal, ophthalmic, otic etc. Usage permission of banned substances regarding the type of preparation, route of administration or dosage is under the details of each category expressed in WADA international standard for prohibited substances and methods 2012.

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Preface

Sport has been entangled with an unfortunate phenomenon of doping for many years all over the world. A comprehensive study of the sport history through an honest judgment reveals that doping came into being as a result of a variety of approaches and incentives arising from the growth of new thoughts created in people's mind. For this reason, it should be considered as a multi-dimensional issue derived from sports communities without capability of marking any specific boundaries among them.

Following a century from establishing the modern sport in its both forms of elite and non-elite, we are challenging an undeniable phenomenon – "DOPING". What occupies the public minds as doping nowadays is different news about using illegal drugs in certain national or international competitions ignorant of the fact that more than 90% of these drugs are used by those involved in sport for all activities to enhance their strength and power. Those who are never be addressed by doping control tests.

For this reason, we have never managed to come up with an exact statistics of using illegal drugs among athletes especially in developing countries. Although numerous numbers of researches have been done in this area and access to fairly appropriated information for drawing up and implementing strategic plans for combating this ever-increasing use of prohibited drugs have now been made possible for the relevant officials and executers, lack of organized programs for curbing this plight at sport for all level in many countries still exists. Nevertheless, the importance attached to doping by the governments and sports officials is an extremely promising issue which could herald a bright future free from doping. We have witnessed the anti-doping global movement observing two fundamental pillars of Integrity and Harmonization.

Development of anti-doping concerns through designing regional systems entitled "RADO" which stands for Regional Anti-doping Organization is a positive step for bringing the experiences and findings of various countries together taking into account their integrity, harmonization and respect to World Anti-Doping Code. Likewise is the initiative taken by World Anti-Doping Agency (WADA) to cooperate with UNESCO in forming an anti-doping convention as well as encouraging the governments to ratify it in their Parliaments thereby calling for more activities in this realm are amongst WADA valuable achievements within its short span of existence. The International Olympic Committee (IOC) has doubtless played a key role in creation of WADA and supporting its materialistic and spiritual causes which followed by the supports rendered by National Olympic Committees and International Federations as well as other sports bodies. This issue

provided the ground for WADA's success by implementing devised plans namely involving governments in anti-doping campaigns which remain in the history of this movement.

The scientists and researchers have made remarkable "education-oriented" progress in anti-doping realm with an eye to changing the attitude and raising the awareness. The existing varieties in strategic programs are merely in raising awareness methods which in many cases will not lead to change of attitude because of the lack of an overall plan in executive programs. As such, the responsibility lies with those officials involved in anti-doping issues to update their knowledge and raise their awareness in various areas including managerial skills and its relevant scientific planning to accomplish their ultimate objectives.

All experts and researchers in the anti-doping field shall make no efforts to help this managerial trend by completing a data bank as well as providing the necessary means. The present collection which is published as the first book in a series of educational material in anti-doping is compiled after years of studies on pharmacological references contains about 15000 entries of drugs and provides trade and generic names of banned drugs in sport for doctors, coaches, athletes, sports administrators etc.

As far as the references in this area are concerned, Martindale Drugs Reference provides an invaluable collection for researchers and hopefully we have borne witness to collaboration between this scientific group and WADA.

This book is designed as the first step to demonstrate the prohibited substances and methods which are now being used in different countries even with various trademarks and considered to be an introduction to a series of future books which contain a collection of medical and pharmacological data of prohibited and permitted substances and methods in sport and will soon be made available to interested individuals.

In conclusion, I felt myself obliged to express my sincere appreciation to all who have kindly rendered their support and contribution to me for preparing this work.

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Mohammad Reza Sharif
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