# The Cleveland Clinic Manual of Headache Therapy

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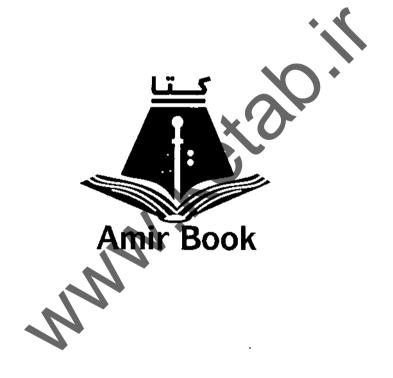
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Pretace

headache and is a huge problem in the headache field. The pathophysiology of this condition is not well understood as yet. It is very easy for one to get into an overuse situation.

We tell patients to take their medicines early and not to wait, but then also warn them to be sure it is a migraine and not take any acute medicine unnecessarily or too often. The use of preventive medications for frequent recurring headaches is grossly underutilized. Decreasing the frequency of headaches will lessen the chance of medication overuse. The management of MOH is discussed in detail in this book.

The Teppers and their colleagues put together this book based on years of experience in treating difficult, complicated headache patients. This is a book for the practicing physician.

Although understanding the pathophysiology of head pain is important in learning more about the underlying mechanisms involved in the various types of headaches; busy health care professionals earing for their headache patients really just want to know how to make the correct diagnosis and what is an effective, appropriate therapy.

he to patient This book is a "nuts and bolts" practical volume that is easy to read and should be a great help for the busy practitioner who sees patients complaining of headaches.

Robert S. Kunkel, MD

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