

NMS

Psychiatry

6th EDITION

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سرشناسه	: تورنهیمل، جاشوا تی. Thornhill, Joshua T.
عنوان و نام پدیدآورنده	: NMS Psychiatry/ editor Joshua T. Thornhill.
مشخصات ناشر	: تهران: کتاب امیر، ۱۳۹۰=۲۰۱۱ م
مشخصات ظاهری	: ۲۰۲ ص.
یادداشت	: انگلیسی.
یادداشت	: افسست از روی ویراست ششم: Lippincott Williams & Wilkins, a Wolters Kluwer business 2001, 2008, 2012
آوانویسی عنوان	: ان ام اس
موضوع	: روان پزشکی - رنوس مطالب
موضوع	: روان پزشکی - آزمون ها و تمرین ها
رده بندی کنگره	: RC ۲۵۷/۲/۹ ق ۸ ۱۳۹۰
رده بندی دیویی	: ۶۱۶/۸۹۰۰۷۶
شماره کتابشناسی ملی	: ۲۶۱۹۹۳۲
کد پگیری	: ۲۶۱۷۸۲۵



Amir Book

نام کتاب	: NMS Psychiatry
تالیف	: Joshua T. Thornhill.
ناشر	: انتشارات کتاب امیر
سال چاپ	: ۱۳۹۰
نوبت چاپ	: اول
شمارگان	: ۵۰۰
بها	: ۹۹۰/۰۰۰ ریال
آدرس	: تهران - خیابان انقلاب - خیابان ۱۲ فروردین - پلاک ۲۹۲ - طبقه همکف - واحد ۲ انتشارات امیر
تلفن	: ۰۲۱-۶۶۹۶۰۲۲۵ و ۰۲۱-۶۶۴۸۱۷۳۲
همراه	: ۰۹۱۲۶۲۵۱۳۲۰
وب سایت	: www.amirbook.com ایمیل: info@amirbookc.om

Acquisitions Editor: Susan Rhyner
Product Manager: Sirkka Howes
Marketing Manager: Joy Fisher-Williams
Manufacturing Coordinator: Margie Orzech
Designer: Holly Reid McLaughlin
Compositor: Aptara, Inc.

Sixth Edition

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351 West Camden Street
Baltimore, MD 21201

Two Commerce Square
2001 Market Street
Philadelphia, PA 19103

Printed in China

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9 8 7 6 5 4 3 2 1

Library of Congress Cataloging-in-Publication Data

Psychiatry. — Sixth Edition / Editor, Joshua T. Thornhill IV, MD,
Professor of Clinical Psychiatry, Associate Dean for Medical Education
and Academic Affairs, University of South Carolina School of Medicine,
Department of Neuropsychiatry and Behavioral Science, Columbia, South
Carolina.

p. ; cm. — (NMS)

Includes bibliographical references and index.

Summary: "In this sixth edition of NMS Psychiatry, each chapter as well as the drug appendix has been updated to include the latest medications and treatment protocols. New chapters have been added on the emerging fields of emergency and geriatric psychiatry. In addition, we have continued to revise, update, and add new questions to each chapter and to the comprehensive examination to help students prepare for National Board of Medical Examiners (NBME) Subject examinations as well as the United States Medical Licensing Exam (USMLE) Step 2." Provided by publisher.

ISBN 978-1-60831-574-1 (pbk. ; alk. paper) 1. Psychiatry—Outlines, syllabi, etc. 2. Psychiatry—Examinations, questions, etc. I. Thornhill, Joshua T., IV, editor. II. Series: National medical series for independent study.

[DNLM: 1. Psychiatry—Examination Questions. 2. Mental Disorders—Examination Questions. WM 18.2]

RC457.2.P78 2012
616.890076—dc22

2010054470

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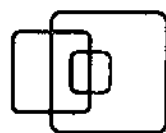
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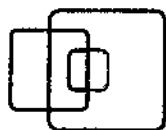
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Preface

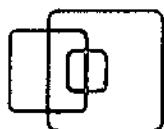
We are already a decade into the twenty-first century and the scientific basis of psychiatry continues to expand. New medications have been developed for the treatment of individuals with schizophrenia, mood disorders, and severe anxiety disorders. Focused psychotherapeutic techniques have been proven as effective treatments. Because of the importance of evidence-based medical practice, scientifically based practice guidelines developed by the American Psychiatric Association are now the norm instead of the exception. These guidelines, as well as the *Diagnostic and Statistical Manual of Mental Disorders*, 4th edition, text revision (*DSM-IV-TR*), have been used extensively in the preparation of this book.

In this sixth edition of *NMS Psychiatry*, each chapter as well as the drug appendix has been updated to include the latest medications and treatment protocols. New chapters have been added on the emerging fields of emergency and geriatric psychiatry. In addition, we have continued to revise, update, and add new questions to each chapter and to the comprehensive examination to help students prepare for National Board of Medical Examiners (NBME) subject examinations as well as the U.S. Medical Licensing Exam (USMLE) Step 2.

Finally, with this edition, we are fortunate to have added several new contributors: Drs. Bouknight, Burke, Causey, Dwyer, Frinks, Garfinkle, Houchins, Narasimhan, Raynor, Rudd, Srinivasan, Stuck, and Williams.

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Acknowledgments

This edition is dedicated to Dr. Mark J. Corsale; words cannot describe my thanks and gratitude for all of your years of hard work with me. In addition, I am honored by the outstanding contributions to this edition by all of our authors; they are truly leaders in their field. Thank you.

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